

2024 HILTON HEAD ISLAND INVITATIONAL

Session Summary

Jan 12-15, 2024

Friday, January 12, 2024			Session: 01			STRETCH 8:00 AM			TIMED WARMUP 8:30 AM		
USAG 1/BRONZE			# Gymnasts 88			INTRO 8:20 AM			AWARDS 11:15 AM		
Flight A (41 gymnasts)						Flight B (47 gymnasts)					
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
CC Chaos	XB	6	CFG	XB	3						
GEG	XB	8	CGGA	XB	11						
GHG	XB	3	Florence	XB	3						
Islands Gymnastics	1	9	Gym Tech Elite	XB	16						
Leaps & Bounds	1	5	PWG	XB	8						
NFGC - Jax	XB	10	Rise Gymnastics	XB	6						

Friday, January 12, 2024			Session: 02			STRETCH 11:15 AM			TIMED WARMUP 11:45 AM		
USAG 3/SILVER			# Gymnasts 91			INTRO 11:35 AM			AWARDS 2:30 PM		
Flight A (43 gymnasts)						Flight B (48 gymnasts)					
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
CC Chaos	XS	4	Coastal	3	14						
CFG	XS	10	COMAN	3	12						
Florence	XS	8	GEG	XS	1						
GBC	XS	4	LMG	3	8						
GHG	3	7	LMG	XS	3						
GHG	XS	2	NFGC - Jax	XS	6						
MHG	3	2	PWG	XS	4						
MHG	XS	6									

Friday, January 12, 2024			Session: 03			STRETCH 2:30 PM			TIMED WARMUP 3:00 PM		
USAG 3/4			# Gymnasts 91			INTRO 2:50 PM			AWARDS 5:45 PM		
Flight A (43 gymnasts)						Flight B (48 gymnasts)					
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
Coastal	4	12	Coastal HHI	3	4						
Florence	4	2	Coastal HHI	4	3						
Islands Gymnastics	3	7	COMAN	4	5						
Islands Gymnastics	4	3	GBC	4	4						
MHG	4	9	GHG	4	7						
PSGA	4	10	Gymnastics Unltd NC	3	4						
			Gymnastics Unltd NC	4	4						
			Leaps & Bounds	3	3						
			Leaps & Bounds	4	1						
			LMG	4	5						
			The Foundry	3	7						
			The Foundry	4	1						

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Friday, January 12, 2024			Session: 04			STRETCH 6:00 PM			TIMED WARMUP 6:35 PM		
USAG 7			# Gymnasts 71			INTRO 6:20 PM			AWARDS 9:15 PM		
Flight A (34 gymnasts)						Flight B (37 gymnasts)					
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts
ARM	7	7	GEG	7	9	Gymnastics Unltd NC	7	1	LMG	7	8
Coastal	7	3	NSG	7	3	Precision 509	7	1	PSGA	7	10
COMAN	7	1	WGV Gymnastics	7	5						
Gym Gold	7	1									
HIGA	7	3									
LKNGA	7	7									
MHG	7	4									
NFGC	7	3									
NFGC - Jax	7	3									
PCG	7	1									
The Foundry	7	1									

Saturday, January 13, 2024			Session: 05			STRETCH 8:00 AM			TIMED WARMUP 8:35 AM		
USAG 6/7/PLAT			# Gymnasts 73			INTRO 8:20 AM			AWARDS 11:15 AM		
Flight A (37 gymnasts)						Flight B (36 gymnasts)					
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts
ARM	6	4	CFG	XP	1	GASG	7	2	GBC	7	2
Cabarrus	6	6	GEG	XP	4	LEGA	7	2	LKNGA	6	4
Cabarrus	7	1	LEGA	7	2	LKNGA	XP	5	MHG	6	8
Cabarrus	XP	3	LKNGA	6	4	MHG	6	8	NFGC - Jax	6	2
Gym Tech Elite	6	1	MHG	6	8	NFGC - Jax	6	2	Roanoke Academy	7	3
HCG	6	4	NFGC - Jax	6	2	Roanoke Academy	7	3	S.E.E	7	3
HCG	7	3	Roanoke Academy	7	3	S.E.E	7	3			
Pure Gymnastics	6	4	S.E.E	7	3						
Pure Gymnastics	7	1									
Southern Gymnastics	7	3									
WGV Gymnastics	6	7									

Saturday, January 13, 2024			Session: 06			STRETCH 11:15 AM			TIMED WARMUP 11:50 AM		
USAG LEVEL 8/SAPP			# Gymnasts 65			INTRO 11:35 AM			AWARDS 2:30 PM		
Flight A (31 gymnasts)						Flight B (34 gymnasts)					
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts
ARM	8	1	CC Chaos	8	2	GEG	8	9	NFGC	8	6
GBC	XSA	2	GEG	8	9	NSG	8	8	S.E.E	8	2
LEGA	XSA	3	NFGC	8	6	S.E.E	8	2	Stick It	8	7
LMG	8	7	NSG	8	8	Stick It	8	7			
MHG	8	1	S.E.E	8	2						
MHG	XSA	6	Stick It	8	7						
Roanoke Academy	8	4									
WGV Gymnastics	8	7									

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Saturday, January 13, 2024 USAG 8/9			Session: 07 # Gymnasts 66			STRETCH 2:30 PM INTRO 2:50 PM			TIMED WARMUP 3:10 PM AWARDS 5:45 PM		
Flight A (33 gymnasts)			Flight B (33 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
Coastal	8	2	Cabarrus	8	3						
COMAN	9	1	Cabarrus	9	1						
Flex	8	1	GEG	9	5						
GASG	9	4	Gym Gold	9	2						
GBC	8	2	HIGA	8	2						
GBC	9	1	HIGA	9	1						
HCG	8	3	LEGA	9	3						
HCG	9	1	LKNGA	9	2						
Level Up	8	5	PSGA	8	1						
Level Up	9	1	PSGA	9	6						
LMG	9	2	RAD Gymnastics	9	2						
Precizion 509	9	2	Stick It	9	5						
S.E.E	9	4									
WGV Gymnastics	9	4									

Saturday, January 13, 2024 USAG 8/10			Session: 08 # Gymnasts 63			STRETCH 6:00 PM INTRO 6:20 PM			TIMED WARMUP 6:40 PM AWARDS 9:15 PM		
Flight A (28 gymnasts)			Flight B (35 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
LEGA	10	1	COMAN	10	2						
LEGA	8	2	COMAN	8	3						
LMG	10	4	GASG	8	3						
NFGC - Jax	10	1	GEG	10	19						
NFGC - Jax	8	2	GEG	E	1						
PCG	10	3	Gymnastics Unltd NC	10	1						
PCG	8	1	Gymnastics Unltd NC	8	6						
Precizion 509	10	1									
Precizion 509	8	4									
Pure Gymnastics	10	1									
RAD Gymnastics	10	1									
RAD Gymnastics	8	4									
S.E.E	10	1									
Stick It	10	1									
WGV Gymnastics	10	1									

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Sunday, January 14, 2024			Session: 09			STRETCH 8:00 AM			TIMED WARMUP 8:30 AM		
USAG 5/XCEL GOLD			# Gymnasts 96			INTRO 8:20 AM			AWARDS 11:15 AM		
Flight A (49 gymnasts)						Flight B (47 gymnasts)					
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts
CFG	XG	7	CC Chaos	XG	4	Coastal HHI	XG	4	Flex	XG	11
Champion Gymnastics	5	3	GBC	XG	3	GEG	XG	9	Peak Gymnastics	XG	7
COMAN	5	1	Gym Gold	XG	4	Rockdale Gymnastics	XG	5	Southern Gymnastics	XG	4
GHG	5	1	Gym Tech Elite	XG	10						
GHG	XG	1	LKNGA	XG	2						
MHG	5	6	MHG	XG	7						
MHG	XG	7	Stick It	XG	6						
Stick It	XG	6	The Foundry	5	1						
The Foundry	5	1									

Sunday, January 14, 2024			Session: 10			STRETCH 11:15 AM			TIMED WARMUP 11:45 AM		
USAG XCEL SILVER			# Gymnasts 94			INTRO 11:35 AM			AWARDS 2:30 PM		
Flight A (43 gymnasts)						Flight B (51 gymnasts)					
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts
ACGA	XS	6	CGGA	XS	13	GEG	XS	12	Gym Tech Elite	XS	13
Flex	XS	9	NFGC	XS	13						
GBC	XS	1									
Peak Gymnastics	XS	8									
Rockdale Gymnastics	XS	12									
Stick It	XS	7									

Sunday, January 14, 2024			Session: 11			STRETCH 2:30 PM			TIMED WARMUP 3:05 PM		
USAG XCEL PLAT			# Gymnasts 77			INTRO 2:50 PM			AWARDS 5:45 PM		
Flight A (38 gymnasts)						Flight B (39 gymnasts)					
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts
Coastal HHI	XP	1	CGGA	XP	4	Flex	XP	6	Level Up	XP	8
Gyminators	XP	2	Roanoke Academy	XP	7	S.E.E	XP	5	Southern Gymnastics	XP	5
LMG	XP	8	TNT gymnastics	XP	4						
MHG	XP	13									
Rise Gymnastics	XP	7									
Stick It	XP	7									

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Sunday, January 14, 2024			Session: 12			STRETCH 6:00 PM			TIMED WARMUP 6:35 PM		
USAG PLAT/DIAM			# Gymnasts 69			INTRO 6:20 PM			AWARDS 9:00 PM		
Flight A (37 gymnasts)						Flight B (32 gymnasts)					
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts
ARM	XD	1	Gym Gold	XD	1	Gym Gold	XP	7	LEGA	XD	2
ARM	XP	2	MHG	XD	7	NFGC - Jax	XD	1	NFGC - Jax	XP	7
CC Chaos	XD	1	NFGC - Jax	XD	1	Stick It	XD	7			
CC Chaos	XP	4									
Champion Gymnastics	XP	4									
GBC	XD	2									
GBC	XP	4									
GHG	XD	2									
GHG	XP	5									
JAG	XP	2									
Peak Gymnastics	6	1									
Peak Gymnastics	XP	4									
Rockdale Gymnastics	XP	5									

Monday, January 15, 2024			Session: 13			STRETCH 8:00 AM			TIMED WARMUP 8:35 AM		
USAG LEVEL 6			# Gymnasts 60			INTRO 8:20 AM			AWARDS 10:45 AM		
Flight A (33 gymnasts)						Flight B (27 gymnasts)					
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts
Coastal	6	7	Champion Gymnastics	6	2	COMAN	6	2	Gymnastics Unltd NC	6	5
GEG	6	18	HIGA	6	5	Leaps & Bounds	6	1	NFGC	6	7
LMG	6	8	NFGC	6	7	PCG	6	4	The Foundry	6	1

Monday, January 15, 2024			Session: 14			STRETCH 10:45 AM			TIMED WARMUP 11:15 AM		
USAG 2/BRONZE			# Gymnasts 92			INTRO 11:05 AM			AWARDS 1:45 PM		
Flight A (47 gymnasts)						Flight B (45 gymnasts)					
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts
ACGA	XB	7	COMAN	2	7	Islands Gymnastics	2	9	JAG	XB	14
Coastal HHI	2	6	LMG	2	15						
Coastal HHI	XB	8									
Gymnastics Unltd NC	2	6									
Leaps & Bounds	2	6									
NFGC	XB	6									
Peak Gymnastics	XB	8									

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Monday, January 15, 2024			Session: 15			STRETCH 1:45 PM			TIMED WARMUP 2:15 PM		
USAG XCEL GOLD			# Gymnasts 93			INTRO 2:05 PM			AWARDS 5:00 PM		
Flight A (46 gymnasts)						Flight B (47 gymnasts)					
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts
ACGA	XG	7	CGGA	XG	12	Florence	XG	10	Gymnators	XG	7
JAG	XG	4	HIGA	XG	5	Leaps & Bounds	XG	1	LMG	XG	7
NFGC	XG	17	Rise Gymnastics	XG	5						
S.E.E	XG	9									
TNT gymnastics	XG	9									

Monday, January 15, 2024			Session: 16			STRETCH 5:00 PM			TIMED WARMUP 5:30 PM		
USAG XCEL SILVER			# Gymnasts 73			INTRO 5:20 PM			AWARDS 7:45 PM		
Flight A (40 gymnasts)						Flight B (33 gymnasts)					
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts
COMAN	XS	9	Coastal HHI	XS	7	JAG	XS	13	S.E.E	XS	13
Gymnators	XS	5									
HIGA	XS	6									
Rise Gymnastics	XS	5									
TNT gymnastics	XS	15									