

# Hilton Head Island Gym Invitational

## Session Summary

Jan 16-20, 2025

Thursday, January 16, 2025			Session: 01			Stretch 6:00 PM			Intro 6:20 PM		
USA G 1/2/3			# Gymnasts 72			Timed Warmup 6:30 PM			Awards 8:45 PM		
Flight A (34 gymnasts)			Flight B (38 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
CGGA	3	10	CGGA	2	11						
Coastal	3	8	CGGA	AS	9						
Islands	3	7	Islands	2	11						
Sports Academy Gym	3	4	Islands	AS	7						
The Foundry	3	5									

Friday, January 17, 2025			Session: 02			Stretch 8:00 AM			Intro 8:20 AM		
USA G 4/5			# Gymnasts 82			Timed Warmup 8:30 AM			Awards 11:00 AM		
Flight A (44 gymnasts)			Flight B (38 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
CGGA	4	3	Coastal	4	17						
CGGA	5	4	COMAN	4	1						
Rockdale Gym	5	3	Defying Gravity	4	1						
Sandhills Gymnastics	4	9	Defying Gravity	5	2						
Signature Gym	4	17	FG	4	5						
Signature Gym	5	6	Islands	4	6						
Sports Academy Gym	5	2	The Foundry	4	2						
			The Foundry	5	3						
			The Peach Pit	4	1						

Friday, January 17, 2025			Session: 03			Stretch 11:15 AM			Intro 11:35 AM		
USA G BRONZE			# Gymnasts 68			Timed Warmup 11:45 AM			Awards 2:30 PM		
Flight A (27 gymnasts)			Flight B (41 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
ANSG	XB	7	Olympia	XB	8						
Gainesville Gymnasti	XB	7	Sandhills Gymnastics	XB	15						
NFGC	XB	6	TNT Gymnastics	XB	6						
NFGC - Jax	XB	7	World of Gymnastics	XB	12						

Friday, January 17, 2025			Session: 04			Stretch 2:30 PM			Intro 2:50 PM		
USA G SILVER			# Gymnasts 88			Timed Warmup 3:00 PM			Awards 5:45 PM		
Flight A (38 gymnasts)			Flight B (50 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
Chalkettes	XS	10	ANSG	XS	6						
Defying Gravity	XS	3	Gainesville Gymnasti	XS	8						
Enso Elite	XS	8	NFGC - Jax	XS	6						
NFGC	XS	9	PWG	XS	7						
Sandhills Gymnastics	XS	8	Signature Gym	XS	7						
			USGold	XS	16						

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Friday, January 17, 2025			Session: 05			Stretch 6:00 PM			Intro 6:20 PM		
USA G 6			# Gymnasts 63			Timed Warmup 6:35 PM			Awards 9:15 PM		
Flight A (27 gymnasts)			Flight B (36 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
CGA	6	1	GCA	6	8						
CTA	6	9	Paulding Gymnastics	6	13						
Defying Gravity	6	1	Sandhills Gymnastics	6	8						
Gymnators	6	3	USGold	6	7						
Leaps & Bounds	6	2									
Precision	6	7									
Signature Gym	6	3									
The Foundry	6	1									

Saturday, January 18, 2025			Session: 06			Stretch 8:00 AM			Intro 8:20 AM		
USA G 6			# Gymnasts 83			Timed Warmup 8:35 AM			Awards 11:00 AM		
Flight A (40 gymnasts)			Flight B (43 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
ANSG	6	10	CGGA	6	1						
Coastal	6	8	CoastalHHI	6	1						
Enso Elite	6	9	COMAN	6	5						
HCG	6	10	NFGC - Jax	6	4						
S.E.E	6	3	NOVA AA	6	5						
			Rockdale Gym	6	4						
			SGA Gymnastics	6	10						
			Simpsonville	6	2						
			The Peach Pit	6	7						
			The Peach Pit Prado	6	4						

Saturday, January 18, 2025			Session: 07			Stretch 11:15 AM			Intro 11:35 AM		
USA G 7			# Gymnasts 75			Timed Warmup 11:50 AM			Awards 2:30 PM		
Flight A (37 gymnasts)			Flight B (38 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
CGGA	7	1	ANSG	7	1						
COMAN	7	3	CGA	7	2						
CTA	7	3	NFGC	7	2						
FG	7	1	Rise Gymnastics	7	5						
GCA	7	8	SGA Gymnastics	7	4						
HCG	7	4	Signature Gym	7	9						
Level Up	7	8	The Foundry	7	1						
NFGC - Jax	7	1	The Peach Pit	7	3						
Paulding Gymnastics	7	5	The Peach Pit Prado	7	3						
Rockdale Gym	7	3	USGold	7	8						

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Saturday, January 18, 2025			Session: 08			Stretch 2:30 PM			Intro 2:50 PM		
USA G 8			# Gymnasts 59			Timed Warmup 3:10 PM			Awards 5:45 PM		
Flight A (24 gymnasts)			Flight B (35 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
Defying Gravity	8	1	ANSG	8	12						
Enso Elite	8	6	HCG	8	7						
GCA	8	3	Newtown Gymnastics	8	4						
SGA Gymnastics	8	7	Paulding Gymnastics	8	4						
Signature Gym	8	6	Precision	8	4						
The Peach Pit Prado	8	1	Sports Academy Gym	8	4						

Saturday, January 18, 2025			Session: 09			Stretch 6:00 PM			Intro 6:20 PM		
USA G 8/9/10/SAPP			# Gymnasts 62			Timed Warmup 6:40 PM			Awards 9:15 PM		
Flight A (31 gymnasts)			Flight B (31 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
ANSG	10	2	CGA	10	1						
Chalkettes	XSA	1	CGA	9	1						
COMAN	10	2	CGA	XSA	1						
COMAN	8	1	CTA	8	2						
COMAN	9	2	Level Up	8	3						
Enso Elite	10	3	Level Up	9	1						
Enso Elite	9	6	Newtown Gymnastics	9	3						
HCG	10	1	NFGC	XSA	2						
HCG	9	2	NFGC - Jax	9	1						
Precision	10	4	Paulding Gymnastics	9	4						
Precision	9	1	S.E.E	8	1						
Sandhills Gymnastics	10	2	S.E.E	9	1						
SGA Gymnastics	10	1	Signature Gym	10	5						
SGA Gymnastics	9	1	Signature Gym	9	5						
USGold	10	1									
USGold	8	1									

Sunday, January 19, 2025			Session: 10			Stretch 8:00 AM			Intro 8:20 AM		
USA G GOLD			# Gymnasts 81			Timed Warmup 8:30 AM			Awards 11:00 AM		
Flight A (35 gymnasts)			Flight B (46 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
Enso Elite	XG	1	GAC	XG	17						
FG	XG	6	Gainesville Gymnasti	XG	8						
NOVA AA	XG	15	Gym inators	XG	5						
World of Gymnastics	XG	13	S.E.E	XG	11						
			Sandhills Gymnastics	XG	5						

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Sunday, January 19, 2025			Session: 11			Stretch 11:15 AM			Intro 11:35 AM		
USAG GOLD			# Gymnasts 94			Timed Warmup 11:45 AM			Awards 2:30 PM		
_____ Flight A (53 gymnasts) _____			_____ Flight B (41 gymnasts) _____								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
Chalkettes	XG	20	ANSG	XG	12						
CoastalHHI	XG	8	Defying Gravity	XG	2						
COMAN	XG	17	Islands	XG	7						
SGA Gymnastics	XG	8	Leaps & Bounds	XG	4						
			Rise Gymnastics	XG	10						
			Rockdale Gym	XG	6						

Sunday, January 19, 2025			Session: 12			Stretch 2:30 PM			Intro 2:50 PM		
USAG GOLD			# Gymnasts 70			Timed Warmup 3:05 PM			Awards 5:45 PM		
_____ Flight A (37 gymnasts) _____			_____ Flight B (33 gymnasts) _____								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
NFGC	XG	17	Peak Gymnastics	XG	5						
SGA Gymnastics	XG	20	The Peach Pit Prado	XG	2						
			TNT Gymnastics	XG	11						
			USGold	XG	15						

Sunday, January 19, 2025			Session: 13			Stretch 6:00 PM			Intro 6:20 PM		
USAG GOLD			# Gymnasts 65			Timed Warmup 6:35 PM			Awards 9:00 PM		
_____ Flight A (30 gymnasts) _____			_____ Flight B (35 gymnasts) _____								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
NFGC - Jax	XG	10	SGA Gymnastics	XG	20						
Olympia	XG	1	The Peach Pit	XG	15						
Signature Gym	XG	4									
Simpsonville	XG	5									
Sports Academy Gym	XG	2									
USGold	XG	8									

Monday, January 20, 2025			Session: 14			Stretch 8:00 AM			Intro 8:20 AM		
USAG PLATINUM			# Gymnasts 66			Timed Warmup 8:35 AM			Awards 11:00 AM		
_____ Flight A (29 gymnasts) _____			_____ Flight B (37 gymnasts) _____								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
ANSG	XP	3	Chalkettes	XP	8						
NFGC	XP	6	Coastal	XP	3						
NFGC - Jax	XP	4	Enso Elite	XP	2						
Peak Gymnastics	XP	8	Gainesville Gymnasti	XP	2						
Rise Gymnastics	XP	4	Gym inators	XP	4						
Simpsonville	XP	4	Level Up	XP	5						
			SGA Gymnastics	XP	13						

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Monday, January 20, 2025			Session: 15			Stretch 11:15 AM			Intro 11:35 AM		
USAG PLAT/ DIAMOND			# Gymnasts 75			Timed Warmup 11:45 AM			Awards 2:15 PM		
Flight A (38 gymnasts)			Flight B (37 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
Chalkettes	XD	3	ANSG	XD	2						
GAC	XD	4	DEENOS	XD	5						
GAC	XP	10	Gainesville Gymnasti	XD	3						
Newtown Gymnastics	XD	3	Gymnators	XD	1						
Olympia	XD	1	Peak Gymnastics	XD	1						
S.E.E	XP	4	Sandhills Gymnastics	XD	8						
Signature Gym	XD	6	SGA Gymnastics	XD	12						
Signature Gym	XP	3	SGA Gymnastics	XSA	2						
TNT Gymnastics	XP	4	TNT Gymnastics	XD	3						

Monday, January 20, 2025			Session: 16			Stretch 2:15 PM			Intro 2:35 PM		
USAG SILVER			# Gymnasts 96			Timed Warmup 2:45 PM			Awards 5:00 PM		
Flight A (45 gymnasts)			Flight B (51 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
Olympia	XS	10	Gymnators	XS	9						
The Peach Pit	XS	17	Peak Gymnastics	XS	9						
The Peach Pit Prado	XS	8	Rockdale Gym	XS	19						
TNT Gymnastics	XS	10	World of Gymnastics	XS	14						

Monday, January 20, 2025			Session: 17			Stretch 5:15 PM			Intro 5:35 PM		
USAG BRONZE/SILVER			# Gymnasts 93			Timed Warmup 5:45 PM			Awards 8:15 PM		
Flight A (45 gymnasts)			Flight B (48 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
COMAN	XB	5	CoastalHHI	XB	6						
COMAN	XS	14	CoastalHHI	XS	5						
FG	XB	11	Islands	XB	1						
FG	XS	8	Islands	XS	8						
Peak Gymnastics	XB	7	Leaps & Bounds	XB	7						
			Leaps & Bounds	XS	6						
			Rise Gymnastics	XB	9						
			Rise Gymnastics	XS	6						